

SAFEHABITUS future work on farmers' mental health and well-being

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WP4 Enhancing the attractiveness of farming



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Task 4.1: Anticipating farming future (M1-M20)

- **An analysis of current mega-trends** at EU and global scales
- **Identification of stressors** through the **systematic literature review** in the **farming population** (farmers/farm women/farm workers/migrant and mobile workers) that **impact** their **working conditions, safety, health** and **well-being** and the future **attractiveness of the farming occupation**



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Stressors in farm families



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According to **Braun (2019)**, farm families experience

- **ordinary stressors** (including the responsibilities required **of any family**, but with some specific dimensions associated with **farm** as **place of living** and a **place for earning income**): **fight for their farm legacy; fears farm will not be economically viable; juggling off-farm jobs and caring for family members; tensions between generations; depth of weariness and loneliness (shortage of labour);**
and
- **extraordinary stressors** (those that are beyond the control of farming families): **weather events; volatility of farm products prices; additional tariffs; rising interest rates, requests from the public/consumers.**



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Stressors in farm families



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There is the interplay between both types of stressors because of **the intersection between the family and the farm;**

Over time, **the accumulation of ordinary and extraordinary 'stressors'** leads to **physical and mental chronic health problems** and also affects the **well-being of farming communities** and the future **prosperity of agriculture.**

MORE RESEARCH IS NEEDED ON THAT!



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WP4 Enhancing the attractiveness of farming



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Task 4. 2. Assessing the future attractiveness of farming (M16-M35)

- Three online **Foresight workshops** to design, evaluate and assess the future scenarios for the future of farming and farm work
- **Focus groups** held with stakeholders in Lithuania, Slovenia, Romania, France, Spain and Ireland and **National Policy Workshop** assessing the implications of the future scenarios for the future attractiveness of farming with key target groups
- **Policy Hackathon** held with EU policy stakeholders to review the scenarios

VERY MUCH INVITED TO JOIN US!



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Thank you

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